

Week 1

School name: Mount Pleasant Primary School

Monday

Authentic Chicken Curry served with Wholegrain Rice & Naan Bread
OR
Organic Pasta served with a Selection of Toppings, Garlic Bread & Broccoli

Assorted Muffins
Seasonal Fresh Fruit Salad
A Selection of Yoghurts

Tuesday

A Choice of Margherita or Cajun Chicken Pizza served with Tomato Pasta & Salad
OR
Salmon in a Lemon & Herb Crumb served with New Potatoes & Mixed Vegetables

A Selection of Homemade Biscuits & Fresh Fruit Juice
Viennese Tart & Creamy Custard
Seasonal Fresh Fruit Salad
A Selection of Yoghurts

Wednesday

Roast Chicken served with Traditional Seasoning, Roast & Creamed Potatoes, Seasonal Vegetables & Gravy
OR
Quorn Burger served with Roast Potatoes, Seasonal Vegetables & Gravy

Sugar Smart
Seasonal Fresh Fruit
A Selection of Yoghurts
Cheese & Biscuits
Fruit Bread
Fruit Scones

Thursday

Homemade Quorn Sausage Rolls Served with Garlic Pasta & Baked Beans
OR
Cheese & Tomato Panini served with Garlic Pasta & Baked Beans

Chocolate Fudge Pudding served with Creamy Custard
Fruit in Jelly
Seasonal Fresh Fruit Salad
A Selection of Yoghurts

Friday

Oven Baked Breaded Fish served with Parsley Sauce, Chips & Mushy Peas
OR
Homemade Vegetable Samosa served with Chips, Garden Peas & Raita Sauce

Assorted Ice Cream with Homemade Chocolate Sauce
Carrot Cake
Seasonal Fresh Fruit Salad
A Selection of Yoghurts

Week 2

AVAILABLE DAILY: freshly prepared salad bar, assorted breads, fresh drinking water.

Monday

Chicken & Tomato Penne Pasta served with Garlic Bread & Broccoli
OR
Jacket Potato served with a Selection of Toppings & Salad

Creamy Rice Pudding served with a Strawberry Jam
Seasonal Fresh Fruit Salad
A Selection of Yoghurts

Tuesday

French Bread Pizza Wedge served with Golden Sweetcorn & Salad
OR
Quorn Balti served with Wholegrain Rice & Naan Bread

Chocolate Sponge served with Chocolate Sauce
Fruit in Jelly
Seasonal Fresh Fruit Salad
A Selection of Yoghurts

Wednesday

Vegetarian Sausage served with Creamed Potatoes, Yorkshire Pudding, Seasonal Vegetables & Gravy
OR
Shepherd's Pie served with Yorkshire Pudding, Seasonal Vegetables & Gravy

Sugar Smart
Seasonal Fresh Fruit
A Selection of Yoghurts
Cheese & Biscuits
Fruit Bread
Fruit Scones

Thursday

Southern Fried Chicken served with Garlic Pasta & Baked Beans
OR
Cheese & Tomato Panini served with Baked Beans & Garlic Pasta or Salad

Steamed Pudding served with Creamy Custard
Biscuit & Fresh Fruit Juice
Seasonal Fresh Fruit Salad
A Selection of Yoghurts

Friday

Oven Baked Fish Fingers served with Chips & Mushy Peas
OR
Quorn Fajitas served with Chips, Coleslaw & Salad

Raspberry Ice Cream Roll
Bakewell Tart served with Creamy Custard
Seasonal Fresh Fruit Salad
A Selection of Yoghurts