



# Mount Pleasant Primary School

## Promoting Safe and Sustainable Travel to School

Our aim is for every child and young person to walk, cycle or scoot safely, especially to and from school.

## Walking

Walking to school with family and friends can improve a child's sociability and communication skills.

Exercise helps pupils feel calmer and happier. It also helps to improve concentration, making it easier to focus in school!

Many teachers report that kids who walk and cycle to school are more alert and ready to learn than those who arrive by car.



## Park & Stride

Please use the zone map and try and park at least 5 minutes away from school to help keep outside our school clear of cars.

Parking away from school is the ideal for those who live too far away from school to walk or who need to continue their journey to work or another school.

Next time you drive, try to park, and stride from suitable places outside our walking zone and walk the rest of the way to school.

## When using a car, you

### MUST

Check that your child is correctly restrained. If you're planning to carry any extra children make sure that you have the **age-appropriate child seat**.

Choose a safe place to drop your child off near to the school. Aim for somewhere you won't cause congestion and danger to those walking or cycling to school.

Talk to your children about road safety on your way to school, stress the importance of wearing a seatbelt.

## Our aims

Mount Pleasant Primary school is committed to promoting active and sustainable travel to and from school.

It's proven that pupils who do some form of exercise before school do better in class because they arrive refreshed and ready to learn.

Walking to school is good for your health and mental wellbeing, plus, you'll be helping to reduce traffic and pollution near your school.

## Parent reminder

- ✓ DO park away from the school.
- ✓ DO walk your child to school, or park away and walk the rest of the way.
- ✓ Children follow your example, use the **GREEN CROSS CODE**.
- ✓ Child car seats / seat belts save lives, and it is the law to have your child correctly restrained in a car.

## Driver Road Safety Reminders

- ✗ Drivers **SHOULD NOT** park near a school entrance.
- ✗ Yellow zig-zag lines indicate where stopping or waiting is **NOT ALLOWED**.
- ✗ **DO NOT** Stop or wait on a double yellow line.
- ✗ **DO NOT** use a mobile when driving.
- ✗ **DO NOT** park on corners, or on the pavements.

<https://www.mountpleasantschool.co.uk/> - Everything you need to know about our school.

[www.kirklees.gov.uk](http://www.kirklees.gov.uk) **Kirklees** - Council's website.

[www.wymetro.com](http://www.wymetro.com) - Route information, bus timetables and lots more.

[www.maps.google.co.uk](http://www.maps.google.co.uk) - Search for maps and routes online.

[livingstreets.org.uk](http://livingstreets.org.uk) - Information about the 'Walk to School' campaign.



# 5-MINUTE WALKING BUBBLE

#StaySafeGetActive on your journey to school



Mount Pleasant  
Primary School



Protect  
our  
children

If possible,  
walk, cycle  
or scoot  
to school

If you have  
to drive,  
park at least  
5-minutes  
away

Supported by the



Department  
for Transport

For more hints, tips and information please visit [www.modeshiftstars.org/staysafegetactive](http://www.modeshiftstars.org/staysafegetactive)

This 5-minute walking zone represents a distance of 400m measured as a straight line, based upon an average walking speed of 3-miles per hour